

Bios Life Complete™ The New Player in the Fight Against Heart Disease

Unhealthy cholesterol levels are a major problem in the United States and the world. The number one killer in America is heart disease and cholesterol levels are linked directly to heart disease. Over 75 million Americans suffer from unhealthy cholesterol levels (that is one out of every five Americans!). More importantly, 1.5 million people die every year from cardiovascular disease – equivalent to the population of Phoenix or Philadelphia. Fifty percent of these people with heart disease have no warning signs or symptoms of heart disease until they experience sudden death...50%!

The most common prescription medication for cholesterol is a statin drug and, although statin drugs work to lower cholesterol, there is a growing controversy and concern about their potential side effects. These side effects range from muscle pain to muscle destruction and possibly death. Most physicians are not aware of any natural alternative that would work to a significant degree; therefore, people feel “locked in” with only a few choices...until now.

Bios Life Complete™ is actually a patented matrix of soluble and insoluble fiber and is the only clinically proven, natural solution for complete cholesterol control that is available without a prescription. Bios Life Complete™ will help you lower your cholesterol quickly and is a safe, natural alternative to statin medications. It has been studied at Stanford University, Stillwater Heart Center and The Cleveland Clinic – some of the most respected heart centers in the world!

In clinical studies, Bios Life Complete™ has proven to lower LDL (“bad”) cholesterol by 31%, with some users experiencing a 52% drop and raise HDL (“good”) cholesterol by 29%, with some users experiencing an 85% increase. It also helps balance triglyceride and blood glucose levels, curbing your craving for sugar, reducing the risk of diabetes and stabilizing your energy cycle.

Why is it unique? It reduces your cholesterol levels four different ways:

1. Eliminates cholesterol in bile acid.
2. Prevents absorption of cholesterol from food.
3. Decreases cholesterol manufactured by the liver.
4. Boosts the enzymatic breakdown and removal of cholesterol.

The most important part...this all natural product does all of this without any side effects. Literally billions of servings have been consumed worldwide without any adverse side effects. It does not interact with any prescription medications so it can be safely added to anyone’s medication regimen.

As noted above, Bios Life Complete™ also helps to stabilize your blood sugars so if you are a diabetic or you have increased levels of sugar in your blood, it is an excellent addition to your medication regimen without any side effects.

For many people, the most exciting part about this, however, is something that occurs due to the nature of Bios Life Complete™. Since it includes a number of fibers, when you take this to lower

your cholesterol, you are putting a good dollop of fiber with water in your stomach prior to eating. This causes a filling effect and many people report *weight loss* with the use of Bios Life Complete™. It isn't magic how it helps with weight loss but given the epidemic of obesity we have here in the US and even worldwide, weight loss combined with improved cholesterol levels is a winning combination both inside your arteries and how you look in your new, *smaller sized* clothes. What better bonus could you ask for...lower cholesterol and lose weight naturally?

Bios Life Complete™ is a powder that is mixed with water and taken twice a day approximately 10 to 20 minutes before you eat a meal. If you are interested in weight loss, wait up to 20 minutes to give it a chance to fully gel and to also allow your stomach to signal to the brain that it is filling up.

The full effects of Bios Life Complete™ will be seen on your cholesterol within two months. Since it is the standard of practice to check it every three months,

you will easily be able to see the results and very quickly. If your cholesterol levels are very bad, you may still need to be on a prescription medication but the dose of the prescription medication will be much lower while you remain on Bios Life Complete™.

Your weight will drop to a new "normal" for you depending upon many different factors including your current eating habits, your hormonal status (thyroid, GH and sex hormones) and your own unique physiology. If weight loss is important to you, Bios Life Complete™ should just be one of the things that you do in your integrated weight loss program here in this office.

To order Bios Life Complete™, contact the front office. They will be happy to take your order and have it shipped to your home every month automatically. The majority of our patients currently on it like having the convenience of it arriving the same time every month.