



CONCIERGE SERVICE – AN INTRODUCTION

This is a small introductory letter explaining to you what Ultimate Living Medical Clinic has to offer. Since you are already familiar with “normal” medical practices, we will tell you first what we are **not**. We are **not** a practice that makes you wait an hour after your scheduled appointment to then see the doctor or his nurse practitioner/physician assistant for all of five minutes, hoping that you can get your medical complaints addressed appropriately. We are **not** a “gatekeeper” practice that refers you out to a specialist the moment you have a problem that can’t be fixed in two minutes. We are **not** a practice that has strangers on call for the practice and expected to care for you adequately on weekends. And we are **not** a practice that makes you feel rushed.

We offer a practice that allows you **the time** to make your needs known to the physician. You will be seen **only** by a physician and when you call after-hours, you will speak **only** to the same physician who examined you. You will **never** feel rushed. We want you to feel relaxed in our office, which is why we not only serve hot coffee and a variety of teas, but we also serve cold bottled water, all in a relaxed atmosphere. Music will be heard that ranges from the 1960’s to jazz to contemporary (all depending upon Dr. Work’s mood and his staff’s perseverance (!)). You will never see Dr. Work wear a tie, but you will see him wear SpongeBob scrubs frequently (and he is still looking for some Yu-Gi-Oh designs – though Rocky and Bullwinkle are more of his type).

We treat a range of problems from the usual chronic diseases, *e.g.*, diabetes, hypertension, high cholesterol, metabolic syndrome, to the more unusual disorders that are more difficult

to diagnose properly in a traditional setting, *e.g.*, adrenal insufficiency, hypothyroidism and HGH deficiency. We specialize in bio-identical hormone replacement therapy for men, *i.e.*, testosterone, and for women, *i.e.*, estrogens, progesterone and testosterone replacement. All of these therapies are fine-tuned to provide you with the best in anti-aging medicine. *Dr. Work is the only board-certified anti-aging physician in the San Joaquin Valley* and he enjoys assisting people in reaching their highest potential using whatever therapies have been shown to work. In addition to hormone replacement therapy, Dr. Work uses antioxidant therapies as well to reduce the reactive oxidative stress load on your body to slow down the aging process with some of the known consequences of aging.

Dr. Work also treats chronic, intractable pain in the same fashion, using whatever is necessary to reduce the chronic pain load and improve the level of functioning. His goal is to reduce your overall pain (on a 10 point scale) to a range of 1 to 3 out of 10. Medical therapies range from long-acting and short-acting opioids to hormone replacement therapy, since chronic pain will *literally drain* a person of their various hormones and prevent a complete return to normalcy even if the pain itself is addressed. So a more comprehensive view is used to treat your chronic, intractable pain with multiple modalities of treatment.

If this all sounds good, then we welcome you to our unique practice and know that you will be quite satisfied with the way that you are treated and with the results of your therapy.

Dr. Work and his staff

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Time for you and your health...